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Practice Manager
Mrs Sarah Smith

Dear Patient,

Please complete and return the attached form as comprehensively as possible and return to the surgery as soon as possible and ideally 8 weeks before you travel. We do understand people book 'last minute' holidays but please be aware that we do not always have last minute travel appointments.

Please be advised we only offer NHS travel vaccines which are: Hep A, Typhoid, Polio, Cholera and Tetanus.

Travel Health is an increasingly complex area and we only have a very limited appointment time to deal with a vast array of potential risks as well as administering injections and providing malaria advice and other essential information relating to your journey.

At your appointment it may not be possible for us to cover all of the health issues relating to your destination so please access the following website for further information. In particular please read information relating to accidents, sun exposure, food and water, travellers' diarrhoea, bite avoidance, travel insurance and travel at altitude.

www.travelhealthpro.org.uk/countries

Please take the time to fully research your particular travel health risks BEFORE you come for your appointment. This will save both you and us time and will allow us to focus on the injections and malaria risks and any other complex issues.

Yours faithfully,

The Practice Nurses